

The House In The Hub Summer Program 2025



Inverloch Community House Inc.

Community

Summer Sizzle BBQ

Get ready for our Summer Sizzle BBQ, returning in the New Year! Hosted by the fantastic catering team at Yooralla, this community BBQ offers a welcoming space to reconnect with friends, meet new faces, and savour a delicious street food-style Friday night meal.

This pay-as-you-feel event ensures everyone can join in the fun. Set on the Hub foreground, it's the perfect way to enjoy a relaxed evening and ease into the weekend. Don't miss it!

No need to book, just turn up!

Date	Friday 14th February & 14th March
Time	3:30pm to 5:30pm
Cost	Pay as you feel
Venue	Hub Foreground

*Activities marked with an * asterisk are on a room hire basis and not an activity of the Inverloch Community House Inc.*

**All Enrolments and Bookings
Commence
Monday 20th January**

Inverloch Community House Room Hire

For Room Hire and availability, contact the coordinator on 5674 2444

Please note our rooms are not suitable for large social gatherings and cater to approximately 12 people comfortably for activities such as yoga and approximately 30 people for seated activities.

Did you know that we offer a range of Admin Services such as Photocopying, Printing Laminating and much more...
FREE fast WiFi Internet access

PHOTOCOPYING

Black & White Printing	25c per page
Colour Printing	40c per page
Photocopying	20c per page
Laminating	\$2 per page

Membership Fee

\$11 per financial year. Members enjoy discounts on many classes and activities. To join or renew drop into the House or phone 5674 2444.
(M) Members (NM) Non Members



Neighbourhood Houses
The Heart of Our Community™

Health & Wellbeing

Inverloch Walkie Talkies

If you love to walk and would like some company, meet up with our fun loving group each Monday morning. Wear comfortable clothing and appropriate footwear. This group is for everyone.

No need to book, just turn up!

Date	Mondays - ongoing from 3rd February
Time	9:00am
Cost	\$2.00
Venue	Meet outside the Hub, on the lawn
Info	Contact Sue Ph 0411 053 306

*Seated Yoga

with Maree

Chair yoga is suitable for all abilities, alternative poses optional.

Yoga connects the body and mind through breathing techniques and strengthens the relaxation response of the nervous system. Improve your flexibility, concentration and strength, while boosting your mood and reducing stress and joint strain.

This form of yoga can be done seated and also standing using a chair for support.

Chair yoga is a great introduction if you are new to yoga, have a long term health condition or are returning to yoga after having a break.

CLASSES run for one hour with a mix of relaxation, breathing techniques and physical postures.

A pre-exercise questionnaire is required to be submitted prior to commencing the class.

BOOKINGS REQUIRED

Date	Weekly from Wednesday 29th January
Time	12:00pm—1:00pm
Date	Weekly from Thursday 30th January
Time	12:00pm—1:00pm
Cost	\$10.00(M) \$12.00 (NM) per session
Bookings	Call Maree 0402 092 510

INVERLOCH COMMUNITY HOUSE INC

ABN 65 010 813 131

A0030114D

Address: Inverloch Hub, 16 A'Beckett Street, Inverloch

Postal Address: PO Box 368 INVERLOCH 3996

Email: office-ichi@dcsi.net.au

Phone: 5674 2444

Website: www.inverlochcommunityhouse.org.au

Health & Wellbeing

*Pilates

with Leah

Course suitable for able bodied persons of any age, working towards a stronger core, better posture more flexible muscles and increased energy.

A pre-exercise questionnaire is required to be submitted prior to commencing the class.

BOOKINGS REQUIRED

Date	Weekly from Tuesday 28th January
Times	9:00am—9:50am 10:00am—10:50am 11:00am—11:50am
Cost	\$140.00 (10 sessions)
Bookings	Call Leah 0458 642 373

Dance

Line Dancing

with Bev

Have you ever wanted to try Line Dancing classes? Then come along and learn the basic steps and some dances. Wear comfortable clothing and footwear and have fun.

No need to book, just turn up!

Date	Weekly from Thursday 30th January
Times	12:00pm-1:00pm Easy to Intermediate 1:00pm-2:00pm Upper Beginners 2:00pm-3:00pm Beginners
Cost	\$4.00 (M) \$6.00 (NM) 1hr \$5.00 (M) \$7.00 (NM) 2hrs \$6.00 (M) \$8.00 (NM) 3hrs
Venue	Inverloch Community Hub Stadium

Circle Dancing

Dancing in a circle is an ancient tradition common to many cultures. Modern circle dancing draws on the rich and diverse traditional dances of many countries and includes a growing repertoire of new dances to classical music and contemporary songs. The dances range from very simple to the more intricate. Some are energetic and lively while others feel reflective and flow like a moving meditation bringing a sense of peace, togetherness and relaxation.

No need to book, just turn up!

Date	Weekly from Tuesday 28th January
Time	1.30pm—3.00pm
Cost	\$4 (M) \$6 (NM)
Venue	Anderson Inlet Angling Club

Arts and Crafts

Flower Arranging

With Jill

This term Jill will focus on creating simple and creative floral designs for you to share with family and friends. In a casual and friendly environment, play and explore with flowers from your own garden (neighbours or friends will do just fine as well) and be amazed at your fabulous creations all while learning tips and tricks on floral care and styling along the way.

Material list provided once your participation is confirmed. **BOOKINGS REQUIRED**

Date	Monday 3rd March
Time	2:00pm—4:00pm
Cost	\$6 (M) \$8 (NM)
Date	Monday 3rd March
Time	6:00pm—8:00pm
Bookings	5674 2444 this course requires a minimum of 5 to commence

Garment Repair Café

Do you have any clothes or other textile items that you would like to have repaired? Perhaps you have an old coat you don't want to throw away or a pair of trousers that don't fit so comfortably. Our repairers will do their utmost to let you enjoy your belongings again.

- Garments, buttons, hems.
- Pillow case simple repairs.
- Renew garments.

Let the team do their magic.

The Garment Repair Café is now supporting Upparel, an organisation on a mission to reduce the number of textiles/clothing that end up in landfill and upcycle into socks and quality useful products. CLEAN garments and textiles can be dropped off at the Repair Café for upcycling.

*Please note due to storage limitations items will only be taken on the dates indicated below.

For more information on Upparel go to :

<https://upparel.com.au/>

No Bookings Required

Dates	The last Saturday of the Month 22nd February & 29th March
Time	10.00am – 12:00pm
Cost	Gold coin donation

Arts and Crafts

Sewing Studio

With Brian

The lovely and talented Brian is back and ready to sew. Brian Ahern has had a long career in the clothing industry, both here and overseas. Lucky for us, Brian loves to share his knowledge of all aspects of pattern making and sewing with you in a fun, friendly environment. Brian hosts weekly sessions at the House.

If you have

- a pattern to be altered to fit,
 - a garment that you want to make or
 - a partly finished garment which you need help with
 - or have questions about a sewing project
- come along and join Brian and together work on finding a solution.

All skill levels welcome including beginners. BYO own machine, fabric, scissors, pattern and fabric, tape measure, pins and marking chalk or pencil.

No need to book, just turn up!

Date	Weekly from Wednesday 29th January
Time	9:00am—11:30am
Cost	\$4.00 (M) \$6.00 (NM) per session
Info	5674 2444

In House Painters

Bring your own materials/projects and have some fun in a mutually supportive environment.

In House Painters annual exhibition will be held in October this year.

No need to book, just turn up!

Date	Weekly from Friday 31st January
Time	10:00am—1:00pm
Cost	\$4.00 (M) \$6.00 (NM)
Information	5674 2444

Chatty Crafters

A friendly group who share thoughts and ideas whilst enjoying crafts such as sewing, knitting, embroidery or whatever takes your fancy. No experience necessary.

All welcome. No bookings required

Date	Weekly from Tuesday 28th January
Time	12:30pm—3:30pm
Cost	\$4.00 (M) \$6.00(NM)

Language

*French Beginners with Bernadette

Learn to speak, write, and understand basic French used in everyday situations. Contact Bernadette for more information prior to booking.

BOOKINGS REQUIRED

Date	Weekly from Monday 3rd February
Time	10:00am—11:00am
Cost	\$180.00 Full Term (9 weeks)
Bookings	Call Bernadette 0404 059 344 This course requires a minimum of 5 people to commence

*French through Culture with Bernadette

(Native Speaker Teacher)

This class will focus on reading, pronunciation, comprehension and discussion around French Culture. For new students, contact Bernadette for more information prior to booking.

BOOKINGS REQUIRED

Date	Weekly from Thursday 30th January
Time	9:15am—10:15am
Cost	\$200.00 Full Term (10 weeks)
Bookings	Call Bernadette 0404 059 344 This Course requires a minimum of 5 people to commence

*French Intermediate with Bernadette

(Native Speaker Teacher)

This class is for those that have some knowledge of French Grammar For new students, contact Bernadette for more information prior to booking.

BOOKINGS REQUIRED

Date	Weekly from Thursday 30th January
Time	10:30am—11:30am
Cost	\$200.00 Full Term (10 weeks)
Bookings	Call Bernadette 0404 059 344 This course requires a minimum of 5 people to commence

Language

Italian Beginners with David

This course is aimed at those at a beginners level with minimal or no experience of the Italian language. David is passionate about Italy. Having spent many memorable holidays in Bella Italia, he would love to share his passion and experiences with others who would like to learn more about this fascinating country.

The classes will consider both spoken and written forms with the aim of being able to understand written information and the ability to converse in everyday situations such as in a café, hotel, railways station, etc.

The lessons will be varied, touching on various aspects of Italian culture, its music, food, history, fashion and politics.

BOOKINGS REQUIRED

Date	Weekly from Monday 3rd February
Time	11:00am—12:00noon
Cost	\$4(M) \$6.00 (NM)
Bookings	5674 2444—This Course requires a minimum of 5 people to commence

Italian with David

This course is aimed at those with some previous experience of studying Italian.

David is passionate about Italy. Having spent many memorable holidays in Bella Italia, he would love to share his passion and experiences with others who would like to learn more about this fascinating country.

The classes will consider both spoken and written forms with the aim of being able to understand written information and the ability to converse in everyday situations such as in a café, hotel, railways station, etc.

The lessons will be varied, touching on various aspects of Italian culture, its music, food, history, fashion and politics.

BOOKINGS REQUIRED

Date	Weekly from Monday 3rd February
Time	10:00am—11:00am
Cost	\$4(M) \$6.00 (NM)
Bookings	5674 2444—This Course requires a minimum of 5 people to commence

Literature

*Bass Coast Writers

Do you like to write? We are people of all ages with different writing ability who support each other. We enter competitions and publish a book once a year. Come along to the House on a Thursday afternoon to be part of something very special.

All welcome. No bookings required

Date	Weekly from 30th January
Time	1:15pm—3:15pm
Cost	\$4.00 (M) \$6.00 (NM)
Info	5674 2444

Book Club

If you love to read and discuss books with others then come along to our Book Club. The book of the month is promoted on our website and Facebook page. This book club is in partnership with Inverloch Library through the 'Book in a Box' program.

BOOKINGS REQUIRED

Date	2nd Wednesday of the Month. 12th February & 12th March
Time	5:30pm—6:30pm (approximately)
Cost	TBC
Venue	The House
Bookings	5674 2444
Details	www.inverlochcommunityhouse.org.au

Food For Thought Reading Group

Welcome to our reading group! We focus on exploring books that highlight Indigenous cultures and address the challenges of colonization. If you'd enjoy engaging in meaningful discussions within a safe and welcoming environment, we'd love for you to join us.

All welcome. No bookings required

Date	The last Friday of the Month. February 28th & March 28th
Time	10:30am to 12noon
Cost	Gold Coin Donation
Info	5674 2444

Culinary Delights

Gluten Free Lunch

Each month we invite you to BYO plate of your favourite gluten free food to share with others. Printed recipes are encouraged.

This group is all about supporting those who need to eliminate gluten from their diet plus their family and friends. Its all about sharing information on where to eat, what brands to buy, handy tips and recipes. Microwave available if needed for reheating.

No need to book, just turn up!

Date	The first Friday of the month from 7th February, 7th March & 4th April
Time	12:30pm—1:30pm
Cost	Gold coin donation
Venue	Inverloch Hub Meeting Room

The Pickle Club

Fermented foods and drinks boost digestion and health. Not only does fermentation enhance food preservation, but eating fermented foods can also boost the number of beneficial bacteria, or probiotics in your gut.

Our group meets on the first Wednesday evening of the month at the House from 5.30-7.00pm with a common goal of learning, sharing and experimenting with living fermented foods. Examples of these are Sourdough baking and uses for its discard, Kombucha, Fermenting, Kefir, Sauerkraut, Kimchi, Yoghurt, Miso, Tempeh. Previous experience is not necessary as the group is about learning together. We look forward to meeting you and sharing this fermented journey.

All welcome. Just turn up on the day

Dates	The first Wednesday the month. 5th February, 5th March & 2nd April
Time	5:30pm—7pm
Cost	Gold Coin Donation

All Classes are run weekly on the day indicated for the commencement of the term unless otherwise specified

Culinary Delights

Men's Group Meet and Eat

*I'm back by
POPULAR
DEMAND*

With Pete

Due to popular demand! If you missed out last term, act fast to join the next instalment of Men's Kitchen.

Attention fellas! We're back with more easy and delicious cooking skills in another series of 5 sessions where we will prepare, cook, eat, and yes, clean up together!

Quick and easy is our motto – making cooking a treat, not a chore, for healthy meals any time. Expect simple recipes, fresh ingredients, and plenty of taste, with perhaps a few surprises.

All recipes will include vegetarian options and/or be gluten-free, packed with flavour, and guaranteed to tempt your taste buds as delightful kitchen aromas fill the air.

BOOKINGS REQUIRED

Date	Weekly from Monday 24th February to 31st March (5 weeks)
Time	11:00am—1:00pm
Cost	\$7 per class or \$35 Full 5 weeks
Where	Inverloch Hub Kitchen
Bookings	5674 2444 This course requires a minimum of 6 people to commence

Support

Bereavement Support

With Helen

The start of the new year can be a difficult time for those who are grieving loved ones. Looking ahead can seem daunting and overwhelming.

This session aims to explore strategies for coping within a safe and supportive group setting.

This session is facilitated by a locally qualified Social Worker and is open to all people who have experienced bereavement both recently and in the past. Light refreshments on offer after the session.

BOOKINGS REQUIRED

Date	Tuesday 28th January
Time	5:30pm—7:00pm
Cost	FREE
Bookings	5674 2444

Support

Snack and Chat

With Emma

NEW

Catch up with Emma in a safe, welcoming environment to have informal conversations over snacks about suicide prevention. Learn how to talk with someone experiencing suicidality and explore brief interventions and de-escalating techniques to support those in crisis until additional help is available.

This is non—clinical non crisis support. Brought to you by Wellways.

For more Information contact Emma on 0466 025 874 All Welcome.

Date	The first Wednesday of the month . Wednesday 5th February, 5th March & 2nd April
Time	1:30pm—3:30pm
Cost	FREE
Information	Emma 0466 025 874

Carers Support Group with Latrobe Community Health

We are proud to partner with La Trobe Community Health Service (LCHS) in providing a monthly support group for carers.

If you are supporting a friend or family member who is frail, aged, has a chronic illness, disability or mental illness this group may be for you.

Take some time out to meet with other carers in a supportive and relaxed environment.

If you require assistance with respite to attend LCHS can assist. Afternoon tea provided.

For registration and assistance with respite choose from the following options:

- 1800 242 696 press 5 and ask to speak with Iris in Wonthaggi
- Email: iris.gaillard@lchs.com.au

Date	Wednesday 29th January
Time	1:30pm—3:30pm
Date	The 4th Mondays of the month. 24th February & 24th March
Time	1.00pm—3:00pm
Cost	FREE
Bookings	1800 242 696 iris.gaillard@lchs.com.au

Support

My Care Finder Service

This information session will help you to understand what aged care services are available for you and your loved ones. La Trobe Community Health will discuss the aged care system, how you can access services, what services are available locally and the Care Finder Service and answer any other questions you may have around care support.

This informative session is for those navigating the care system now or looking into the future.

BOOKINGS REQUIRED

Date	Monday 17th March
Time	1:00pm– 2:00pm
Cost	FREE
Bookings	5674 2444

Inverloch Death Café

with Jytte Thompson and Sarah Kerwick,

end-of-life doulas 

At a Death Café people, often strangers, gather in an accessible, respectful and confidential space to eat cake, drink tea and discuss death.

Our objective is to increase awareness of death with a view to helping people make the most of their (finite) lives.

A Death Café is a group-directed discussion of death with no agenda, objectives or themes.

It is a discussion group rather than a grief support or counselling session.

BOOKINGS REQUIRED

Date	The 2nd Friday of the month 14th February & 14th March
Time	3:00pm–5:00pm
Cost	FREE
Bookings	5674 2444

Volunteers Wanted

We welcome people with a diverse range of skills to help in the House. Drop into the House and have a chat to Lisa or phone 5674 2444

Recreation

Pickleball

Pickleball is an indoor or outdoor racket/paddle sport where two players (singles), or four players (doubles), hit a perforated hollow polymer ball over a 36-inch-high (0.91 m) net using solid-faced paddles. The game resembles tennis, but the court is the size of a doubles badminton court. It is a game for all ages and all abilities. We have four sessions weekly.

Tuesday sessions

Morning sessions is **Early Birds**—a social pickleball session for all skill levels in a fun, friendly and supportive environment

Mid morning is **Paddle Battle** - For those who want to play a more fast paced and serious pickleball game .

Afternoon Social - for new players to the game and those who are still looking for a little bit of coaching.

Tuesday participants are required to pay for the full term. There is a maximum of 24 players only so get in early to secure your spot.

Thursday and Sunday sessions are on a casual basis. These sessions have a maximum of 30 players per session.

***Sport shoes suitable for indoor court activities must be worn in order to participate. Pickleball shoes are available on line.**

***Children under 16 years of age must be accompanied by an adult to participate**

Date	Weekly from Tuesday 28th January
Time	9:00am—10:30am Early Birds 11:00am—12:30pm Paddle Battle 1:00pm to 2:30pm Afternoon Social
Cost	\$35 (M) \$50 (NM) full term
Bookings	5674 2444
Date	Weekly from Thursday 30th January
Time	7:00pm—8:30pm
Cost	\$5 per session casual fee only
Date	Weekly from Sunday 2nd February
Time	3:00pm—5:00pm
Cost	\$5.00 per session casual fee only
Venue	Inverloch Hub Stadium



Neighbourhood Houses
The Heart of Our Community™

Technology

Apple, iPhone, iPad and Mac Tips and Tech for Beginners

with Clare

Are you unsure where to begin, a first time user or just want to get more out of your device?

In one-on-one sessions, **Clare** is available to assist you to become more comfortable with your device and navigating its capabilities.

Learn how to set up your contact list, make phone calls, send emails, take photos, surf the web, use apps and much more. Clare also offers assistance in MyGov including accessing the MyHealthRecord. These individual sessions are one on one and run on Thursday mornings throughout the term.

BOOKINGS REQUIRED

Date	Weekly From Thursday 30th January
Time	10:00am – 11:45am
Cost	\$8.00 (M) \$10.00 (NM)
Bookings	Bookings 5674 2444

Android Phone, Tablet, and MyGov Support

with Geoff

Just purchased a Samsung Galaxy, HTC, Sony, Google Nexus or Motorola phone or tablet or a Windows Laptop?

Geoff will show you the basics to get you up and running. If you would like to know about a specific application, Geoff will try to accommodate you with your query.

Geoff also offers assistance in MyGov including accessing the MyHealthRecord. These individual sessions are one on one and run on a Monday or Tuesday.

BOOKINGS REQUIRED

Date	Weekly from Monday 3rd February & Tuesday 28th January
Time	1:00pm—3:00pm
Cost	\$8.00 (M) \$10.00 (NM)
Bookings	5674 2444

*Activities marked with an * asterisk are on a room hire basis and not an activity of the Inverloch Community House Inc.*

Technology

Intro to 3D Printing

With Peter

Join us for an exciting demonstration of 3D printing! Discover the magic of transforming digital designs into tangible creations. Whether you're a beginner or an expert, this event offers insights into the technology, hands-on experience, and inspiration for your own projects.

Don't miss this opportunity to explore the future of innovation!



BOOKINGS REQUIRED

Dates	Wednesday 26th February
Time	1:30—2:30pm
Cost	Gold Coin Donation
Bookings	5674 2444 This course requires a minimum of 5 to commence

Accreditation

* First Aid

Cardiopulmonary Resuscitation (Blended) (HLTAID 009)

Date: Saturday TBC

Time: 9:00am—10:30am

Cost: \$60

Provide First Aid Blended (HLTAID011)

Date: Saturday TBC

Time: 9:00am—1:30pm

Cost: \$155.00

Provide First Aid in an education and care setting (Blended) (HLTAID012)

Date: Saturday TBC

Time: 9:00am—2:00pm

Cost: \$180

Please note all courses have online pre course work to be completed prior to the practical session.

BOOKINGS REQUIRED GO TO
www.victorianfirstaid.com.au

All Classes are run weekly on the day indicated for the commencement of the term and are run in the House unless otherwise specified

Summer Term

At A Glance



Our Values

Welcome Inclusive Respect Proactive Collaborative

Our Objectives

Our Community: To improve opportunities for enjoyment, contribution and learning

Our House: To operate a well governed viable and accountable Community House

Our Partners: To actively develop and promote partnerships, relationships and networks.

Summer Term At A Glance

MONDAY

9.00am	Inverloch Walkie Talkies	Weekly from 3rd February
10:00am—11:00am	Italian	Weekly from 3rd February
10:00am—11:00am	French Beginners	Weekly from 3rd February
11:00am—12noon	Italian Beginners	Weekly from 3rd February
11:00am—1:00pm	Mens Group Meet and Eat	Weekly from 3rd February to 31st March
1:00pm—2:00pm	My Care Finder Service Information Session	Monday 17th March
1:00pm—3:00pm	Android Phone, Tablet, Computer, MyGov	Weekly from 3rd February
1:00pm—3:00pm	Carers Support Group	The 4th Monday of the month , 24th February, 24th March
2:00pm—4:00pm 6:00pm—8:00pm	Flower Arranging	Monday 3rd March

TUESDAY

9:00am—9:50am 10:00am—10:50am 11:00am—11:50am	Pilates	Weekly from 28th January
9:00am—10:30am 11:00am—12:30pm 1:00pm—2:30pm	Early Birds Paddle Battle Pickleball Afternoon Social	Weekly from 28th January
12:30pm—3:30pm	Chatty Crafters	Weekly from 28th January
1:00pm—3:00pm	Android Phone, Tablet, Computer, MyGov	Weekly from 28th January
1:30pm—3:00pm	Circle Dancing	Weekly from 28th January
5:30pm—7:00pm	Bereavement Support	Tuesday 28th January

WEDNESDAY

9:00am—11:30am	Sewing Studio	Weekly From 29th January
12:00noon—1:00pm	Seated Yoga	Weekly From 29th January
1:30pm—3:30pm	Carers Support Group	Wednesday 29th January
1:30—2:30pm	Intro to 3D Printing	Wednesday 26th February
1:30pm—3:30pm	Snack & Chat	The 1st Wednesday of the Month. 5th February, 5th March & 2nd April
5.30pm—6:30pm	Book Club	2nd Wednesday of the Month. 12th February, 12th March
5:30pm—7:00pm	The Pickle Club	1st Wednesday of the month from 5th February, 5th March, 2nd April

Summer Term At a Glance

THURSDAY

9:15am-10:15am	French Through Culture	Weekly from 30th January
10:30am-11:30am	French Intermediate	Weekly from 30th January
10:00am—11:45am	Apple iPhone, iPad Support	Weekly from 30th January
12:00pm-1:00pm 1:00pm-2:00pm 2:00pm-3:00pm	Line Dancing	Weekly from 30th January
12:00pm—1:00pm	Seated Yoga	Weekly from 30th January
1:15pm—3:15pm	Bass Coast Writers	Weekly from 30th January
7:00pm—8:30pm	Pickleball—Casual	Weekly from 30th January

FRIDAY

10:00am—1:00pm	In-House Painters	Weekly from Friday 31st
10:30pm—12noon	Food For Thought Reading Group	The 4th Friday of the month , 28th February, 28th March
12:30pm—1:30pm	Gluten Free Lunch	The 1st Friday of the month 7th February, 7th March & 4th April
3.00pm—5.00pm	Inverloch Death Café	The 2nd Friday of the month, February 14th & March 14th
3:30pm—5:30pm	Summer Sizzle BBQs	Monthly 14th February & 14th March

SATURDAY

9:00am—2:00pm	First Aid	Saturday TBC
10:00am – 12:00pm	Garment Repair Café	The last Saturday of the Month 22nd February, 29th March

SUNDAY

3:00pm—5:00pm	Pickleball—Casual	Weekly from 2nd February
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Autumn Term Classes

Commence Tuesday 22nd April to Friday 4th July

All enrolments and bookings for Autumn term