

### Zine Exhibition – How does your town make you happy and healthy?

This Zine Exhibition is a celebration and exploration of living and thriving in the country. We know that every rural and regional community is different and while we sometimes hear the chatter about the challenges of living in the country, we know that many of us absolutely love living here for a range of reasons. In fact, you could even go so far as to suggest that living in the regions helps us to be happy and healthy. This Zine Exhibition is all about that! Tell us how living where you live makes you happy. What is it about living in Birchup, Bendigo, Kamarooka, Elmore, Rochester or any other fantastic place in the country that makes you feel happy and healthy? (note: if you have miraculously gotten this far without knowing what a zine is, you might be wise to [click here](#) to find out)

Now, we are not going to sit here and suggest that living in the country is all rainbows and unicorns, no doubt there are some things that could be improved. In fact, some would suggest that there are lots of things that could be done to improve health and wellbeing in the regions. So, the second part of this Zine Exhibition is an opportunity to tell us, (and perhaps the world) about how living in your town might be improved.

Now for the short version, your zine should answer the following question.

*'How does living in <INSERT YOUR TOWN HERE> make you happy and healthy and what would make it better?'*

There will be a range of people's choice awards of up to \$250 for incredible zines in the following four categories.

- Artistic Merit
- Insightful Thoughts
- Beautiful Words
- Overall Incredible

#### Instructions

To be honest, there aren't that many. You can be any age, you can be artistic or not, you could even work as a team if you like. We are going to try to keep the entire process as simple as possible. Just complete the following 4 steps well before 5pm on the 18<sup>th</sup> of October.

1. **Submit** an 'intention to submit form' as soon as possible [here](#). This will make sure we save you a spot on the wall. We will be sending you a small information pack and from time to time might even send out some fantastic examples of cool zines.
2. **Create** your amazing zine.
3. **Enter** your zine as a PDF [here](#) or via snail mail to the following address (C/O Brad Hodge, PO Box 199 Bendigo 3552)
4. **Come** to the opening night. People's choice awards will be granted on opening night, so be sure to attend. We will be sending you an invite a little later in the year.

## Guidelines

We really don't want to make this too complicated, so we have tried not to have too many rules. Be sure to follow the below instructions

1. Make sure your zine answers the following question, '*How does living in <INSERT YOUR TOWN HERE> make you happy and healthy and what would make it better?*'
2. Include your name as well (as that of any co-contributors) and email address on the final page of the zine.
3. Submit your zine prior to 5pm on the 18<sup>th</sup> of October.
4. If you choose to send a paper version of your zine and wish that it be returned, be sure to supply a stamped self-addressed envelope with your submission.
5. The people's choice award will be decided via popular vote and a judging panel at the exhibition.
6. Every effort will be made to display as many zines as possible, but we reserve the right to withhold zines from the exhibition on the basis of available space, suitability.
7. Zines can be of any length but must be formatted for printing on A4 paper.
8. Zines can be full colour or black and white
9. Zines can be any combination of writing and/or images and you are welcome to be as creative as you like, feel free to cut and paste from magazines, photocopy things take photos, anything you can think of.

If you are still a little confused, below we have included some brilliant Zine resources

<https://thecreativeindependent.com/guides/how-to-make-a-zine/>

<https://www.instructables.com/Guide-To-Zine-Making/>

<http://www.stephmedford.com/blog/making-zines>

<https://www.smaloneyart.com/about>

<https://www.slv.vic.gov.au/self-made>

<https://www.stickyinstitute.com/>

<https://www.nla.gov.au/stories/blog/treasures/2020/01/21/the-world-of-zines>

<https://www.facebook.com/groups/zinesaustralia/>

<https://www.mca.com.au/stories-and-ideas/making-zines-quarantine/>

<https://www.childmags.com.au/7-zines-by-aussie-chicks/>

<https://www.moadoph.gov.au/blog/zines-an-independent-platform-for-self-expression/#>

Etsy Zine store

<https://jesseirwinart.com/pages/about-me>

<https://concreteplayground.com/sydney/arts-entertainment/art/self-published-legends-five-aussie-zine-makers-you-need-to-know>

<https://zinegang.home.blog/>